

# Ice Planet

*SCHEDULE GROUPS*  
**Axel PAULSEN**  
*WEEKS 27/28/29- 2017*

## **Monday –to- Friday:**

07 :00 : breakfast

07 :50 : meeting point in lobby

08 :15--09 :00 : on ice, steps/skating skills

09 :10- 09 :55 : Ballet, ballet room at ice rink

11 :10 : meeting point in lobby

11 :45-12 :30. on ice, technic

13 :00 : lunch

14 :25 : meeting point in lobby

15 :00-15 :45 : on ice, technic

16 :00- 16 :50 : off ice work in Gymnasium

20 :00 : Dinner